

Hey there,

I am your Regional Coaches Rep for Fraser South and the Head Coach for Boundary Bay this summer. I have organized a volunteer coach/ senior swimmer leadership program that will have three sessions over the month of May.

As a region, Fraser South has many young coaches and senior swimmers that are looking for opportunities to move up in the swimming world. With feedback from younger coaches, I tried to create a coaching clinic that is discussion based so its participants create the content and can discuss relevant material. Each session has two 1-hour classroom components and one 1-hour practical pool component. The theme for these clinic is coach engagement, retention and enjoyment. We want to help young coaches become passionate and engage with coaching in ways they haven't before.

These sessions will be run by Levente Mady as well as several senior coaches throughout the region.

The three sessions:

- May 5<sup>th</sup> – 3 to 6pm at the North Delta Outdoor Pool
- May 12<sup>th</sup> – 3 to 6pm at the North Delta Outdoor Pool
- May 26<sup>th</sup> – 2:30 to 5:30pm at Winskill Aquatic Center

We are asking you to register for only one session as of right now and on May 3<sup>rd</sup>, we will open up registration to sign up for more. Each session will be different.

Here is the link to register:

<https://docs.google.com/spreadsheets/d/10yFI1nirfkfWaU7BeYABLY3yZVd3YyLvEnStr6v1wKA/edit?usp=sharing>

If you have any questions, please email me at [sidney.peake@gmail.com](mailto:sidney.peake@gmail.com) .