



VANCOUVER VIKINGS

Vancouver Vikings Invitational Swim Meet
July 13 and 14, 2024
Watermania
1430 Entertainment Blvd. | Richmond, B.C.

Meet Officials

Meet Managers:	Niels Veldhuis (primary) Diane Habans Gavin Forsyth	meetmanager@vancouvervikings.com
Electronics Desk:	Ian Hyatt Murray McCutcheon	electronics@vancouvervikings.com
Director of Officials:	Jim Ellithorpe	officials@vancouvervikings.com
Meet Referee:	Jim Ellithorpe	
Meet Entries:	Ian Hyatt Murray McCutcheon	electronics@vancouvervikings.com

Entries

- Swimmers may enter a maximum of 4 individual events and 2 relay events.
- 6-and-under can swim in only two events: (a) 25m freestyle on Saturday and (b) 25m backstroke on Sunday. In water chaperones are acceptable.
- Team Manager entries and full team rosters must be submitted to: electronics@vancouvervikings.com
- Please submit one complete Hy-Tek entry file by no later than NOON on Monday, July 8, 2024. Please double-check your entries to ensure accuracy. Meet files will be sent to Head Coaches and Presidents by July 2, 2024.
- When registering relays, only register the team name, not the individual swimmers (as noted below, relay composition should be submitted to the Clerk of the Course by 9:30am, day off)
- Meet Entry Fees: Make cheques payable to Vancouver Vikings and hand payment to Niels Veldhuis (Meet Manager) by noon (12:00 PM) on Saturday, July 13, 2024.
- Prior to meet scratches can be emailed to electronics@vancouvervikings.com by Tuesday, July 9, 2024, at 9:00 PM. No refunds thereafter.
- Day of event scratches must be submitted to the Clerk of the Course by 7:30 AM SHARP!
- Deck entries will not be permitted.

Fees

- Individual Events: \$10.50 per individual event
- Relay Events: \$16.00 per relay team per event

Meet Format

Individual Events:

- The Vancouver Vikings Meet will be running preliminary heats and finals, including O-Cat finals.
- This is an open meet, there will be no A/B distinction.
- The top three heats will be circle-seeded for all preliminary rounds; the remaining heats will be rank seeded, fastest to slowest. Swimmers entered with no time (NT) will be seeded in the slowest heats.

- O-Cat swimmers will compete in their own events, but may swim in heats with non-O Cat swimmers.
- Warm-up for finals will start 20 minutes after the last relay.

Relays:

- We will be running a 200-medley relay on Saturday and a 200 Free relay on Sunday
- Teams comprised of boys-only (four boys) and girls-only (four girls) from each of the following divisions (no O Cat): Div 1, Div 2, Div 3, Div 4, Div 5, & Div 6, 7, 8
- Relays will be timed finals and run at the end of heats.
- To build club spirit, there will be a “Coaches Challenge 4X50” relay, which all club coaches are encouraged to enter! This event will be run on Sunday afternoon after event 344.
- Relay team entries must be submitted on relay forms to the Clerk of the Course no later than 9:30 AM the day of the relay. Coaches must list alternates on the relay form.

Rules

- Current [January 2024 BCSSA](#) rules governing swim meets will be in effect. All results will be recorded to 1/100th of a second.

Marshalling

- All swimmers in all Divisions are to enter the Marshalling Area located on the North side of Watermania (see map below). The Clerk's desk will be at this entrance.
- No coaches or parents will be permitted in or around the Marshalling Area once swimmers are checked in with the Clerk.
- Div 1 - 4 and O-Cat 1 individual heats will be marshalled. Swimmers to check in with the Clerk and proceed as directed through marshalling.
- Div 5 - 8 and O-Cat 2 individual heats will be required to check in with the Clerk of the Course but will NOT be formally marshalled.
- IMPORTANT: Even if not being marshalled, all swimmers must enter the competition deck from the exterior entrance located on the North side of Watermania. Swimmers should organize themselves into their heats outside (off the competition deck) and wait for their heat in the marshalling area outside Watermania. Swimmers will NOT be

permitted to access the blocks from the south side of the deck (i.e. from coaches' tables).

- All Relays will be marshalled for all Divisions. All swimmers to check-in with the Clerk and proceed as directed through marshalling.
- Events will be posted on the whiteboard located at the entrance to Marshalling and announced on Twitter (@vanvikingsmeet). Printed programs and heat sheets will not be available for purchase.
- Coaches' tables will be set up along the south side of the deck so swimmers may meet with their coaches before and after races without having to cross behind the starting blocks. No swimmers are to be behind the blocks unless they are about to start their race. Access to coaches' tables will be from the South side of Watermania only.

Results

Following each event, results will be posted in the hallway on the Southeast side of Watermania. During the meet, they will also be available on Meet Mobile. Final results will be posted on the BCSSA website.

Awards

- | | |
|---------------|---------------------------------|
| • 6 and Under | Special Awards |
| • Div 1 – 6 | 1-8 th place ribbons |
| • O-1 and O-2 | 1-8 th place ribbons |
| • Relays | 1-8 th place ribbons |

Swimmer and Spectator Behaviour

- Swimmers must conduct themselves safely and respectfully. A responsible adult must be in attendance for each swimmer.
- There is to be no running on the pool deck or jumping from the stairs or bleachers onto the deck. Please obey all signs directing swimmers to the marshalling area; do not shortcut across the pool deck to marshalling.
- When not in marshalling or racing, swimmers should be in the stands or outside.
- As there is limited seating capacity on the bleachers, spectators will be asked to keep moving from the bleachers to allow all supporters adequate access to see their athletes. Camping or "setting up" on the bleachers will not be allowed.

- To ensure that all swimmers can hear the starter's instructions, please do not cheer or make loud noises while a race is being started. For the comfort of everyone attending the meet, please refrain from using whistles or noisemakers (e.g., horns) of any kind. Please note that the P.A. system does not transmit outside the building, and swimmers who are outside may not hear the announcements.
- Note that if a swimmer is disqualified from an event, the DQ procedures set out in the BCCSSA Rulebook apply. The matter is handled between the applicable Meet Officials and the swimmer's coach. Parents are not involved in the DQ process.
- During competition times, bulkhead access will be limited to Officials and Lifeguards only.

Facilities

- Watermania is an indoor, eight-lane, 50-meter pool, divided by a bulkhead for two 25-meter pools.
- There will be two warm-up lanes for all-day warm-up and cool-down. Competitive swimmers are not allowed access to lanes designated as public. Swimmers may not use either the wave pool or hot tubs unless paying an entry fee at Watermania front desk.
- No outdoor shoes are to be worn on the pool deck to maintain hygiene. Garbage should be cleaned up by all athletes and their caregivers.
- There is no diving from the blocks during warm-up unless the swimmers are unidirectionally swimming (i.e., all swimmers get out of the pool at the bulkhead and walk back to start blocks).

Food

- Lots of delicious food will be available at the concession stand set up by Vancouver Vikings (cash and credit cards accepted)!
- All garbage, recycling and composting must be correctly disposed of in the appropriate receptacles or recycled at home.

Tents

- There is room for family tents on the grounds, mainly on the north side of the building in the parking lot. Please leave adequate pathways for access to and from marshalling. Please do not tent on the south side patio where the pool entrance doors are. We

encourage you to ensure that tents are monitored by a responsible adult at all times. Tenting or camping overnight is not permitted. No tents or camping equipment may be set up inside the Aquatic Centre.

Parking

- There is ample parking available around WaterMania, but we have been requested to please not park in the lots of either the Air Park or Laser Tag Center.

Officials and Volunteers

- Each attending club is required to provide deck officials and volunteers. The meet will not run without help from all clubs and parents. There will be a sign-up emailed to each club the week prior to the meet. Each club's assignment for timers, recorders and place judges will be based on the number of entries for that club. Typically, each club is responsible for providing three volunteers (timers and plunger operators) for one lane for the duration of the meet.
- We will not be supplying plastic water bottles or deck food for timers. Officials working long shifts will be provided water and food. We encourage officials to please bring their own water bottles and/or coffee mugs. Thank you for your assistance.
- We also request a list of all intermediate and senior deck officials who will attend the meeting. Please email this information to Jim Ellithorpe, Director of Officials, at officials@vancouvervikings.com.

Schedule and Warm-up Times

Watermania will be open from 6:00 am. The meet will begin at 8 AM sharp on both days.

Warm-ups (both days)

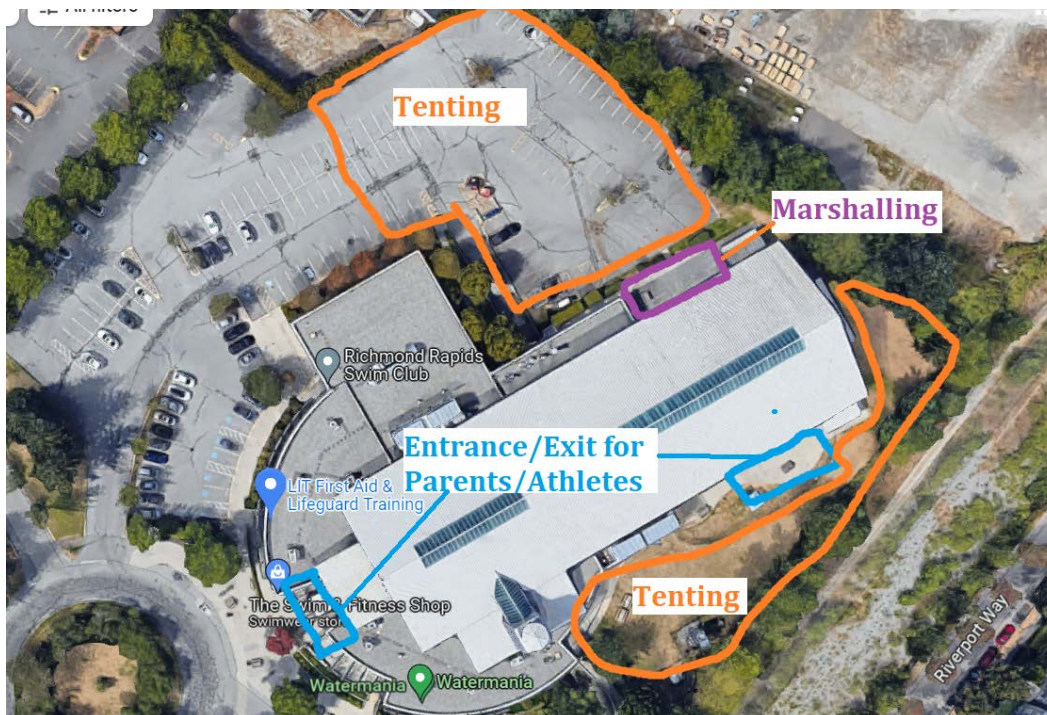
- Group 1: 6:30 – 6:50 AM
- Group 2: 6:50 – 7:10 AM
- Group 3: 7:10 – 7:30 AM

The Vikings head coach or president will determine clubs' warm-up times after all entries have been received and communicate them to all coaches. Warm-up times may be adjusted depending on the number of swimmers attending the meet.

Meetings (both days)

- Officials' Meeting: 7:20 AM (Marshalling area)
- Coaches' Meeting: 7:35 AM (Marshalling area)
- Team Cheers: 7:40
- Marshalling starts: 7:45
- O Canada: 7:55

WATERMANIA MAP



THANK YOU TO OUR SPONSORS!

Thanks to all our sponsors!

We gratefully acknowledge the financial support of the Province of British Columbia

EVENTS

Girls	Saturday (July 13)	Boys
101	Div 1 100 IM	102
103	Div 2 100 IM	104
105	Div 3 100 IM	106
107	"O" Cat 1 100 IM	108
109	Div 4 200 IM	110
111	Div 5 200 IM	112
113	Div 6 200 IM	114
115	"O" Cat 2 200 IM	116
117	Div 7 200 IM	118
119	Div 8 200 IM	120
121	6 & Under 25 Freestyle	122
123	Div 1 50 Freestyle	124
125	Div 2 50 Freestyle	126
127	Div 3 50 Freestyle	128
129	"O" Cat 1 50 Freestyle	130
131	Div 4 50 Freestyle	132
133	Div 5 50 Freestyle	134
135	Div 6 50 Freestyle	136
137	"O" Cat 2 50 Freestyle	138
139	Div 7 50 Freestyle	140
141	Div 8 50 Freestyle	142
143	Div 1 50 Butterfly	144
145	Div 2 50 Butterfly	146
147	Div 3 50 Butterfly	148
149	"O" Cat 1 50 Butterfly	150
151	Div 4 50 Butterfly	152
153	Div 5 100 Butterfly	154
155	Div 6 100 Butterfly	156
157	"O" Cat 2 100 Butterfly	158
159	Div 7 100 Butterfly	160
161	Div 8 100 Butterfly	162
163	Div 1 200 Medley Relay	164
165	Div 2 200 Medley Relay	166

167	Div 3 200 Medley Relay	168
169	Div 4 200 Medley Relay	170
171	Div 5 200 Medley Relay	172
173	Div 6, 7, 8 200 Medley Relay	174

Girls	Sunday (July 14)	Boys
301	Div 5 50 Butterfly	302
303	Div 6 50 Butterfly	304
305	"O" Cat 2 50 Butterfly	306
307	Div 7 50 Butterfly	308
309	Div 8 50 Butterfly	310
311	6 & Under 25m Backstroke	312
313	Div 1 50 Backstroke	314
315	Div 2 50 Backstroke	316
317	Div 3 50 Backstroke	318
319	"O" Cat 1 50 Backstroke	320
321	Div 4 100 Backstroke	322
323	Div 5 100 Backstroke	324
325	Div 6 100 Backstroke	326
327	"O" Cat 2 100 Backstroke	328
329	Div 7 100 Backstroke	330
331	Div 8 100 Backstroke	332
333	Div 1 50 Breaststroke	334
335	Div 2 50 Breaststroke	336
337	Div 3 50 Breaststroke	338
339	"O" Cat 1 50 Breaststroke	340
341	Div 4 100 Breaststroke	342
343	Div 5 100 Breaststroke	344
345	Div 6 100 Breaststroke	346
347	"O" Cat 2 100 Breaststroke	348

349	Div 7 100 Breaststroke	350
351	Div 8 100 Breaststroke	352
353	Div 1 100 Freestyle	354
355	Div 2 100 Freestyle	356
357	Div 3 100 Freestyle	358
359	"O" Cat 1 100 Freestyle	360
361	Div 4 100 Freestyle	362
363	Div 5 100 Freestyle	364
365	Div 6 100 Freestyle	366
367	"O" Cat 2 100 Freestyle	368
369	Div 7 100 Freestyle	370
371	Div 8 100 Freestyle	372
373	Div 1 200 Freestyle Relay	374
375	Div 2 200 Freestyle Relay	376
377	Div 3 200 Freestyle Relay	378
379	Div 4 200 Freestyle Relay	380
381	Div 5 200 Freestyle Relay	382
383	Div 6, 7, 8 200 Freestyle Relay	384